



SING YOUR SOCKS OFF IN KINSALE

A DELIGHTFUL SINGING HOLIDAY IN COUNTY CORK, IRELAND
WEDNESDAY 17TH – 24TH MAY 2017

INFORMATION SHEET

We're delighted and excited to be offering our first Sing Your Socks Off holiday in Ireland. The beautiful harbour town of Kinsale, County Cork, with its pretty, colourful houses and sweeping views across the bay, makes an ideal base for a relaxing and uplifting singing holiday.

ABOUT KINSALE

Kinsale is one of the Republic of Ireland's most picturesque towns; it is steeped in history and has a charming old world atmosphere. Known as "The Gourmet Capital of Ireland", it has a great selection of shops, galleries, cafes, pubs and restaurants in the town, as well as a host of interesting places to visit in the locality.

Harbour cruises, boat and bike hire, golf, deep sea fishing, horse-riding and sailing are just some of the many activities available locally.

For more information about Kinsale, please visit: www.kinsale.ie

ACCOMMODATION

The Trident Hotel is an award-winning 4* hotel in a spectacular location on the water's edge in Kinsale, County Cork. It is just five minutes walk from the heart of Kinsale town.

The hotel has 75 guest rooms and boasts a view of the harbour from every room. Guests at the Trident have full use of the nearby Health & Fitness Club (including indoor heated pool and fully equipped gym) at their nearby sister hotel, Acton's.

For more information about The Trident Hotel, please visit: www.tridenthotel.com

Early bird discount

The Trident is a popular hotel and we need to book the rooms well in advance to secure them so we're offering you a special early bird discount if you book before **31st March 2016**. See the booking form for rates.

THE SINGING

If you enjoy singing and harmony then this is the week for you. You don't need any previous experience or to be able to read music as all the songs will be taught by ear. We'll be learning a wonderfully diverse range of songs in full four part harmony: from pop and jazz classics to traditional folk ballads and African chants. You'll be supported by four experienced tutors, who use a tried and tested repertoire of songs that will have you singing out with confidence in no time.

Throughout the week you'll get to explore your voice and the different ways you can use it. You'll meet other people who love singing and experience the uplifting satisfaction of making music together. You'll get the opportunity to perform at the end of the week as well as plenty of free time to relax and enjoy yourself. Many people return again and again for a Sing Your Socks Off holiday, knowing they will have an enriching and enjoyable musical experience.

Your tutors have been running successful harmony singing workshops around Europe for many years in various incarnations which include Naked Voices, Sweet Soul Sisters, Unicorn Camps and Sing Your Socks Off holidays with the Holiday Property Bond. They created several of the South West's largest and most enduringly popular community choirs including the Gasworks Choir, RiffRaff and People of Note. They are popular for their fast and fun team teaching, their ability to make complex music seem simple and for their accessible and encouraging style. You'll be amazed at how quickly a group of people can learn to sing in harmony together with the help and support of four accomplished and enthusiastic teachers.

THE WEEK (PROVISIONAL ITINERARY)

Day 1	- Welcome sing & buffet dinner at The Trident Hotel
Day 2	- Morning singing workshop with coffee break (tea, coffee & biscuits provided). - Free afternoon and evening to relax and explore.
Day 3	- Morning singing workshop with coffee break (tea, coffee & biscuits provided). - Evening meal together in a local restaurant.
Day 4	- A day off to fill as you please (maybe... visit Charles Fort or the nearby town of Cork, take a harbour cruise or explore the beautiful surrounding countryside). - Optional Taize singing session
Day 5	- Morning singing workshop with coffee break (tea, coffee & biscuits provided). - Early evening singing session.
Day 6	- Morning singing workshop with coffee break (tea, coffee & biscuits provided). - Evening Cabaret: our legendary home grown entertainment night at which you're invited to perform. Sing a song, read a poem, tell a story or just sit back and let others entertain you.
Day 7	- Morning singing workshop with coffee break (tea, coffee & biscuits provided). - Early evening concert in St Multose Church, the oldest church in Ireland c1190. - Farewell dinner together.
Day 8	- Departure day

PRICES

The Trident Hotel	Price per person	Early Bird Discount Price per person (if booked before 31st March 2016)
Standard Double / Twin*	£685	£640
Executive Double / Twin*	£785	£740
Standard Single	£950	£900
Executive Single	£1,150	£1,090

* Please note, we'd like to encourage those singers travelling alone to choose a twin room to share with another participant (see booking form).

Accommodation:

The Trident Hotel - 4* hotel on the Kinsale harbour (www.tridenthotel.com)

Included:

- 7 nights bed and breakfast.
- Bed linen & towels (including swimming pool towels)
- All singing workshops, performances and Taize sessions
- Teas, coffees & biscuits during workshops
- 3 meals together
- 1 entertainments evening

Not included:

- Travel to and from Cork (Travel information on Page 3 of this form).
- Travel and health insurance.
- Lunches, drinks & 4 evening meals

BOOKING

If you would like to reserve a place, please email Teresa (callanan5@gmail.com) your completed booking form and transfer your deposit of £150 per person (details on booking form). Teresa would also be happy to answer any queries you may have.

ADDITIONAL INFORMATION

GETTING THERE

If you plan to travel in a different way to those listed below please let us know – all modes of transport can be accommodated!

By air

The closest airport to Kinsale is Cork airport (30 minutes drive). Dublin airport is approximately 3 hours drive from Kinsale.

- Aerlingus Airline (www.aerlingus.com) offer daily flights from UK to Cork and Dublin. (Flights for May 2017 will be available to purchase from June 2016.)
- Ryanair Airline (www.ryanair.com) also offers flights from some UK airports to Cork and Dublin.

We will organise a coach transfer from Cork airport on Wednesday 17th May 2017 and to Cork airport on Wednesday 24th May 2017 if enough people opt for the transfer (some may choose to arrive earlier in Ireland to spend further time exploring the area). Depending on numbers for each flight, the transfer cost (**maximum £15 per person**) will be added to your balance. (Please note, currently there is only one Aerlingus flight a day from Bristol, but four flights from London Heathrow. So if you are flying from London please check what time the transfer is likely to be before booking your flight, to avoid a long wait in the airport.)

By ferry

- Irish Ferries (www.irishferries.com) offer a car / ferry service.
 - Bristol to Rosslare offers two sailings daily, then drive via N25, N27 and R600 (approximately 3 hours drive)
 - Hollyhead to Dublin offers up to six sailings daily, then drive via M50, M7, M8, N27 and R600 (approximately 3 hours drive)
- Eurolines coach services (www.eurolines.com) connect with Irish Ferries at both Dublin and Rosslare.
- Bus Éireann (www.buseireann.ie) offers a great value daily coach service from London to Cork and Bristol to Cork.

THE TEACHERS

Ali Orbaum

Ali started out performing as a vocalist but, since joining the Sweet Soul Sisters in 1995, she has gone on to lead hugely popular community choirs and singing workshops all around the country in a range of settings including arts centres, festivals and schools. In 1997 she co-founded Bristol's first ever community choir with Dee Jarlett, the legendary Gasworks Choir. She also co-founded and directed the award winning vocal group Naked Voices.

Ali has been a core member of the Sing Your Socks Off team since its inception. She currently leads the Handfuls of Harmony intergenerational singing project in Bristol and is the Musical Director of Sing for Water West which brings together a thousand singers to form a massed choir and raise funds for Water Aid. She has taught alongside Dee and Nick for many years at Choir Conventions and Unicorn Natural Voice Camps.

Ali holds a Certificate in Teaching from the ABRSM and her clear, encouraging and dynamic teaching style has proven popular with all ages. She loves helping other people discover that nothing really bad will happen if you lift up your voice and join in.

Dee Jarlett

Dee has sung in choirs since she was eight years old, initially as a member of her father's madrigal group and church choir. She toured the folk and festival circuit with her guitar for more than 20 years in various folk duos and trios including Bethams and Orion, and was a founder member of Bristol's pioneering Sweet Soul Sisters in the 80s, which ran harmony singing workshops alongside their concerts and introduced thousands of people to this kind of singing.

Founding and directing Bristol's huge and lovely Gasworks Choir and the professional acappella group Naked Voices with Ali for 17 years, she has been teaching at workshops and performing acappella for over 30 years. Her arrangements of pop, folk and original songs are sung by choirs all over the country and she has recorded over 30 CDs. She has been commissioned to write music for the Bath Film Festival and her songs have been published internationally.

Dee organised the first ever Sing Your Socks Off holiday in 2006. She believes that the voice is an instrument that everybody has within them and can enjoy, and she thinks she is a very lucky person to have a job helping others to experience what she loves doing herself.

Nick Petts

Nick began singing as a boy soprano, performing at Covent Garden and singing in a film with Judy Garland and Dirk Bogarde, as well as singing on a number of L.Ps as a chorister. After his voice broke, unsure of the quality of his "new" voice, he concentrated more on the piano, working as an accompanist as well as playing keyboards and doing backing harmonies in a number of bands. He joined The Barnsbury Singers, a chamber choir in 1986; then in 1990, formed a vocal sextet with friends called The Beach Persons (comprising 3 men and 3 women!)

Having rediscovered his love of singing, Nick has been sharing that passion with others for nearly 20 years. In 2000, he started and co-led the 160 strong People of Note choir in Bristol; then in 2001 started the Community Choir Conventions at St.George's which continue to flourish. More recently, he has been organising singing camps and residential weekends. In his leisure time he enjoys doing arrangements and singing with The B Naturals, a male quartet based in Frome.

Elaine Wilson

Elaine has studied music since she was young, achieving Grade 8 Singing at 18 years old. She sang in various choirs through her school and university days and performed in operas at university. Ten years ago, Elaine joined Naked Voices, the 16 piece a cappella group formed by Dee and Ali. She quickly established herself as a talented and versatile soprano singer and tutor, and proceeded to teach on numerous singing workshops with this group including, in 2006, the team's first singing holiday in Austria.

In 2010, Elaine founded Riff Raff, Bristol's leading pop and rock choir. The choir has gone from strength to strength, growing from 50 to 270 members in six short years. Elaine has arranged at least half of the songs which her choir sings, and has had requests from all over the world for her song arrangements. Riff Raff aims to be "The most fun you can have with your clothes on!" All of the music is taught by ear, without sheet music and anyone can join the choir, whatever their ability.

Elaine believes singing should be inclusive and loves running choirs, workshops and singing holidays where everyone can join in and have fun singing.